









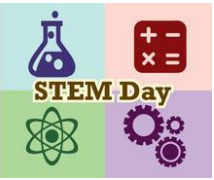



NOVEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Fall Back  	2  All Souls Day	3 Plant fundraiser begins 	4	5	6 Wear Red today Remembrance Day Liturgy 9:00am	7
8 Catholic Education Sunday	9 School Closed	10 School Closed	11 No School  REMEMBRANCE DAY <i>Let's Not Forget</i>	12	13 Spirit Day Wear your OLA gear 	14
15	16	17 Picture Retakes  All plant orders due today	18 School Council meeting 7:00 pm 	19 Report cards issued 	20 PD Day 	21
22	23 	24	25 Crazy Sock Day ROCK YOUR SOCKS Assembly 9:40am Board Meeting 6 pm	26	27 Mass at school 9:00 am	28
29 	30 1 st Advent Celebration					



NOVEMBER 2020

CALDER'S COMMENTARY

We begin this month with All Saints' Day and All Souls' Day. On November 1, All Saints' Day, we are called to live as saints, reminding ourselves to live as God calls us to. On November 2, All Souls' Day, we ask God's mercy for all those who have gone before us. Take some time this month to talk about friends, family, saints, and others who provided an example for us to follow and offer prayers of remembrance in their names and memories.

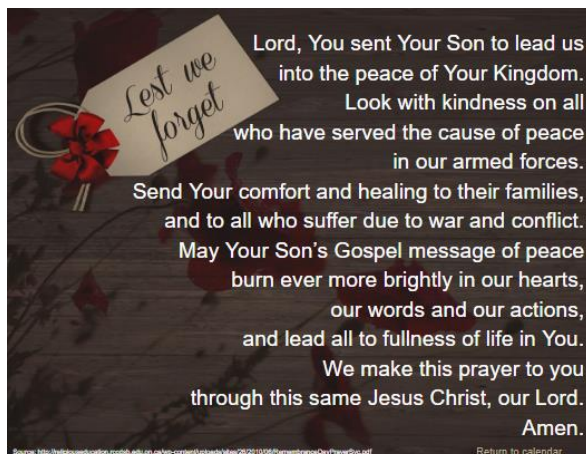
<https://www.catholic.org/news/hf/faith/story.php?id=65067>

November is a time to focus on peace. Peace is the harmony we have in our lives. It is something we are called to bring about in the world. Pope Francis has said that Peace takes hard work and must be built one person at a time.

November is also the time we remember those serving our country and our veterans. The virtue of Peace reminds us that each of those who have risked or continue to risk themselves for peace, but also those around the world who seek peace for their families. These members risk their lives to end wars and promote peace. Peace is not just the absence of war, but a complete trust and fraternity between people.

We will celebrate Remembrance Day on Friday Nov. 6. Please lift your prayers this month to remember those who have given their lives for peace, homes, or countries.

Have a peaceful November.
Mrs. Calder



ACT LIKE MARY – NOVEMBER CHALLENGE

In November, we are continuing to build on our students' understanding that being grateful and gracious in our lives can add so much to the lives of others in our school and community. To help with this journey, students will be learning more about the Fruits of the Spirit and how these attributes can help us be more grateful and gracious. Through our continued work with our Act Like Mary initiative OLA students will be challenged to show acts that display the attributes of Peace and Kindness. Classrooms will highlight these attributes by capturing these Fruits of the Spirit in photos. Classrooms will share these pictures with their peers at our November assembly.

Our schools are an expression of our faith and a gift to future generations. Catholic education is the permeation of God in everything we do. On the weekend of November 7th and 8th, a special collection will occur at each mass. The community is called to support Catholic education in our community and to ensure the present and future needs of our students.

<https://www.catholicyc.ca/blog/catholic-education-sunday>

THANK YOU

Thanks to our School Council for preparing Halloween treat bags for all students at OLA



Thanks to West side Safeway and Holtman Farms for donating over one hundred pumpkins for our students to decorate.



Come away and rest a while.

Mark 6:31

Holy Spirit Catholic Schools is honoured to support "The Bench Project" at Martha Retreat Centre. This beautiful place has been an important part of the spiritual journey of so many of our staff, students, families, and trustees over the years. We would love for you to join us as we "make our mark" at the Centre as our way of honouring the legacy left by the Sisters of St. Martha. They were such strong supporters of Catholic Education and we want to show our support to ensure this gift in our community continues to be available for people as they seek spiritual renewal.

We are now gratefully accepting donations for the purchase of a "Holy Spirit Catholic Schools" bench at Martha Retreat Centre where people can come and rest awhile. What a beautiful way for our staff, trustees, and families to consider marking the upcoming Catholic Education Sunday by supporting this project in any way that you can. Tax deductible donations of any amount will be gratefully accepted, and can be made online using the Donations button on the Holy Spirit website.



DECORATE FOR THE HOLIDAYS



HOLIDAY
WREATH
\$35.00



OUTDOOR
ARRANGEMENT
\$45.00



POINSETTIAS
RED, WHITE, PINK
\$15.00



HANGING
BOUGH
\$35.00



INDOOR
PLANTER
\$35.00

Our Christmas plant fundraiser will run from Nov. 3 through Nov. 17. Plants will be ready for pick up on December 3. Order information will be sent home the first week of November and purchases can be made on SchoolCash Online.

Funds raised will help with purchasing supplies for our monthly STEM DAYS and other student activities.

WHAT ARE STEM DAYS?

We are so excited to be starting monthly STEM days at OLA. STEM activities are fun ways to explore Science, Technology, Engineering, and Math. They could include things like: building bridges, building catapults, computer coding, large graphing activities, examining nature, exploring the human body...and so much more. Check out our monthly calendar to see when we will hold our monthly STEM day.

Our first STEM day is on November 23. We are looking to collect newspapers and hope you can help us out. Please send in with your child before the 23rd.



NOVEMBER

I can do all things through him who strengthens me!

Philippians 4:13

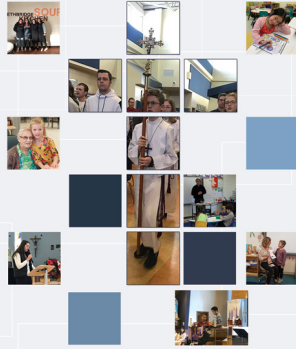


Special Days to Remember
Month of the Holy Souls in Purgatory

- 1 All Saints' Day
- 2 All Souls' Day
- 8 Catholic Education Sunday
- 11 Remembrance Day
- 25 Feast Day of St. Catherine of Alexandria

Prayer for Catholic Education

Lord Jesus Christ, we give thanks for the gift of Catholic Education. May we always appreciate the beauty that we enjoy in having our children attend a Catholic school. Guide us as we labour to bring the virtues of faith, hope, and love into a global society in great need of them. Lead us to proclaim your Good News in our schools, in our families, and in our communities. We make this prayer in your name. Amen.



Adapted from Called to Pray (Justin McClain)

Be Gracious

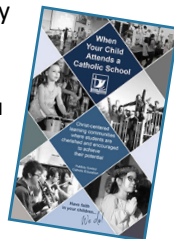
The "fruit of the Spirit" is evidence that our character is becoming more like Christ's. Faithfulness is one of these nine fruits. When we think about this attribute, we cannot help thinking about the saints who so faithfully answered the call to holiness. When saints are canonized, we recognize someone who has been honoured as a hero or model of faith. But guess what? We are all called to be saints by virtue of our Baptism and we are called to imitate Christ by living a life of holiness. Our children though are not called to seek holiness in any particular way but according to their own nature, their own character, and the conditions of their own life.

This month, talk to your children about what their God-given talents are and encourage them to use them to demonstrate in their own special way God's compassionate love. This is how they will learn to connect that when they are being gracious at home and at school, they are actually doing what they can to faithfully live a holy life. Learn more about how you can help your child answer their call to holiness by watching a short video by Joe Paprocki [here](#).

Catholic Education

On November 8, we proudly celebrate our schools as faith-filled learning communities on Catholic Education Sunday. Holy Spirit Catholic Schools has created a booklet to explain the basics of our Catholic faith tradition and how you will experience this being lived out in your child's school. You can access the booklet [here](#).

Holy Spirit Catholic Schools... where children are cherished and achieve their potential.



Be Grateful

We are all called to live holy lives but as Pope Francis always reminds us, we are not alone in this quest. Catholics believe in the communion of saints and we know that the saints who walk with us protect and guide us. We are grateful that they sustain and carry us when times are difficult. While we can always pray directly to God, we also know that we can ask that the saints pray for us too.

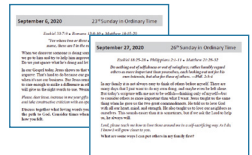
This month, after your family says your prayers, ask your favourite saint, or perhaps the patron saint of your child's school, to pray for your family. It's as simple as saying at the end of your prayer, "St. Francis, pray for us."



Faith & Family

Living a virtuous life makes salvation possible. Ken Yasinski, a popular Catholic speaker from Saskatoon, reminds us that, "As Catholic parents, our number one goal is to get our children to heaven." He and his wife Janelle have a wonderful video called "How to Teach Virtue to Children" that you can watch [here](#). Each time your children hear our call to action to "be gracious" from our faith plan this year, it is a reminder to use the virtues to guide their day to day actions. This does not just happen at school of course. It is actually in the home where we first learn to live out our vocations. If we want to live each day with holiness, we must start with our own surroundings.

We hope your family is enjoying the Mass Transit Cards to discuss the Sunday Gospel with your family. To access the November cards, click [here](#).



Therefore, my beloved, be steadfast, immovable, always excelling in the work of the Lord, because you know that in the Lord your labor is not in vain.

1 Corinthians 15:58



Resources: Peter Gohn-Good Catholic-Catholic at Home (Peter Gohn); Saint of the Day (Leonard Foley and Pat McCloskey)

"I thank my God every time I remember you."

(Philippians 1:3)



5. Focus on the Learning Over the Work

Learning is the goal of an assignment. Take a moment to ask your child what the purpose of each homework assignment is, what do they think the teacher wants them to learn and get better at as a result. Then monitor the learning, not the work.

4. What Questions Did You Ask Today?

Our questions drive us as learners. Instead of asking your child, "Did you learn anything today?," you could say, "Did you ask a good question today?" This will encourage your child to be more invested in the types of questions they ask at school.

3. Challenge but Don't Rescue

When your child encounters difficulties, don't jump in to solve the problem and rescue him/her. Instead, ask questions that will help him/her to think through the problem, identify, and choose a course of action to moving forward.

2. Develop a Growth Mindset

Develop a growth mindset in your child by focusing your praise on process, learning, and effort (*You really worked hard on this and have learned a lot. You've really developed as a musician.*), as opposed to ability (*You're so clever. You're good at math.*)

1. Name and Notice Thinking

Use the language of thinking to name and notice the thinking your child is using and thus make it more visible.

I like how you have used what you already know to make connections. That's a perspective I hadn't thought about.

6. Support Your Child in Arguing Effectively and Persuasively

Research has shown that teenagers who argued constructively with their parents by building a case and providing evidence for their position were more enabled to speak up, voice an opinion, and use evidence in other facets of life.

7. Provide Time to Pursue Passions

Students need time and space to pursue their passions and interests. Pay attention to your child's learning and passions outside of school and make time for them.

8. Make Your Own Thinking Visible

You are a model for your child of what it means to be a thinker and a learner. Model your own interests, passions, curiosity, reflection, learning, and thinking for your child.

9. What Makes You Say That?

By simply asking, "What makes you say that?," in a curious and non-judgmental tone after someone has given a response, we are able to get a window into the thinking behind that person's initial response.

9 Apps for Parents

MAKING THINKING VISIBLE

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