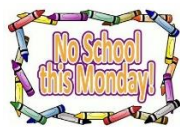




May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Gr 3 – Troyanda Ukrainain Dancers 9 – 11:30am  Gr 5 – Galt Museum 12:15 – 2:15	2	3 Esports Tournament 9:30 – 12:30	4
5	6	7 Kindergarten field trip to Helen Schuler 9:15 am 	8 Hats on for Mental Health!  Grades 1 -6 Madagascar @ Yates 11:00am	9 World Catholic Education Day WEAR BLUE	10 Office hours Gr 5 & 6 1:00 – 2:00pm	11
CATHOLIC EDUCATION WEEK						
12 	13	14 Panago Pizza Night 	15 Plant pick up  Online school council mtg 7:00pm	16 Office hours Gr 2 – 4:00 - 5:30pm	17	18
19	20  No School	21 No School 	22 IB Information night 6:00 – 7:30  Board Meeting @ CEC – 6:00 pm	23 IB Day for students Lunch will be provided	24 JUMP ROPE FOR HEART KICK OFF  Let's kick it off!	25
26	27 Spiritual Development Day 	28	29	30 Grade 6 trip to Calgary 	31 Marian Mass 9:00 am 	



MAY NEWSLETTER

PRINCIPAL'S MESSAGE

Happy May! I can't believe we only have two months of school left. Please keep an eye on the monthly calendar for field trips and special events.

I would like to take this opportunity to share my gratitude for Mr. Ellard. Mr. Ellard has been teaching the grade 5 class since January. He has done an exceptional job. Mr. Ellard's last day was this past Friday. We would like to thank Mr. Ellard for being a part of our OLA family and wishing him the very best on his future endeavours.

With a farewell, comes a Welcome Back! I would like to welcome Mrs. McMurray back to OLA. She will be team teaching grade 5 and providing support in a variety of classes. Mrs. McMurray completed her PS II student teaching last year in grade 4 with Mrs. Stellar. She is a science major who loves science and math. Mrs. McMurray enjoys puzzles and is getting to know her new puppy. We are so excited to have Mrs. McMurray back at OLA. She will be with us until the end of June. Please join us in welcoming Mrs. McMurray.



ASSOCIATE PRINCIPAL'S MESSAGE

It is now well and truly into spring, and we have just wrapped up Earth Day at school, where our students explored our April social justice teaching regarding care for the environment. For the month of May, we will be discussing the important social justice teaching of the dignity of work. Our Catholic faith reminds us to value and respect all human beings, including their work.

Work is not just about getting things done, but it also reflects our creativity and dignity as individuals. Just as God worked to create the world, we are called to engage in work that respects and uplifts ourselves and others.

In a world where work can be taken advantage of, it's essential to teach our students to value the dignity of all workers. Whether it's a farmer, a laborer, or a healthcare worker, everyone's contribution is valuable and deserves respect.

As a school community, we aim to foster a culture of respect for work and to educate our students about fair wages, safe working conditions, and treating all workers justly. Through service projects and classroom discussions, we want to empower our students to stand up for social justice in the workplace and support those whose labor rights are at risk.

By honoring the dignity of work, we are honoring the divine presence in each person and helping to create a more fair and caring society. As we embrace the season of spring and the joy and renewal of seeing the world come to life, let's renew our commitment to respecting every worker and working towards a world where everyone can thrive in God's love.

This month's verse:

*Let your work be shown to your servants,
and your glorious power to their children.
Let the favor of the Lord our God be upon us,
and establish the work of our hands upon us;
yes, establish the work of our hands!*

-Psalm 90:16-17

IB-PYP FAMILY NIGHT

You and your children are invited to join us at OLA for an information and activity night where we will introduce the International Baccalaureate Primary Years Programme (IB PYP). We are excited about the opportunities this curriculum offers for your child's development and look forward to sharing more about it with you. We welcome you to explore our diverse community and learn how the IB PYP can benefit your child. Let's come together to celebrate this milestone and look forward to the future adventures our students will have. We hope to see you there on **May 22 from 6:00-7:30 PM!** The presentation will begin promptly at 6:15 in the school gym, after which we will have centers and activities for you to explore as a family throughout the school.

As we prepare for this event, we are looking to create a global playlist of music. If you are aware of any school appropriate songs from diverse languages or cultures, we invite you to share your favorites [using this google form!](#)

The International Baccalaureate: Our OLA Journey

We continue to make strides with our journey toward IB PYP certification at OLA and are excited to welcome all of you to our information and activity night on May 22! We hope it will be a wonderful evening of learning and fun for all families and equip you to discuss your children's' learning as we continue to explore methods of inquiry.

This month we will focus on the learner profile of becoming **inquirers**.

Understanding Inquiry

Inquirers are fueled by curiosity and a sense of wonder about the world. They love learning by exploring new knowledge and perspectives. As inquirers, our students will cultivate their natural curiosity. We encourage them to ask meaningful questions, analyze information critically, and conduct research to discover truths. Inquirers are reflective, using their past knowledge while being open to new ideas. They employ different strategies to examine issues from various angles. As inquirers, students will build important skills like problem-solving, information literacy, and media literacy.

By fostering a passion for learning in our students and encouraging them to pursue their curiosity, we are preparing them to face real-life challenges. Inquirers are driven to find creative solutions to problems through their research and critical thinking skills. Their love for inquiry will motivate them to be lifelong learners. As inquirers, our students will be able to sift through information, think independently, and develop a deeper understanding of the world. This attribute equips them with the flexibility needed to thrive in a complex, ever-changing society.

REMINDERS

Reminder that all **school fees** are due. With upcoming field trips planned, fees are required to be paid prior to attending. If you have any questions or need assistance please phone the school at 403-327-5028 and we would be happy to assist with any inquiries.

Please Re-register your child for the 2024/25 school year as we are starting to get ready for the next school year and need an accurate count to build our classes. If your child will be attending a different school please notify us by emailing olaoffice@holyspirit.ab.ca or phone the office at 403-327-5028.

PLANT FUNDRAISER

Thank you to everyone who supported our spring fundraiser and ordered plants from Devry Greenhouses. The plants will be ready for pick up on Wednesday, May 15. Once we have a confirmed time we will let you know.

JUMP ROPE FOR HEART

Over the past 42 years, OLA has participated in Jump Rope for Heart, helping to raise awareness and funds for the Heart and Stroke Foundation. This year's event will take place the afternoon of June 6, with our kickoff assembly on May 24. This program helps to teach students the importance of caring for their hearts through fitness and heart health education. Our kickoff assembly is May 24. Students may collect pledges online from family, friends and neighbors. To get started go to jumpropeforheart.ca. There will be lots of great prizes for those who collect donations. Watch for more information to come home.

Happy Skipping!

SPRING HAS SPRUNG!

Even though the weather is warmer we can still experience some unpredicted cool, wet or windy days. Please ensure that you still send your child with a jacket every day. It may be sandal wearing weather, but proper running shoes are still required for physical education classes as we do not want anybody twisting an ankle trying to run in sandals. Students are expected to dress appropriately for school and parents are asked to monitor their child's choices. Clothing that is revealing and/or inappropriate for a child's age, disrespectful, or displays text or an image that is clearly obscene or disrespectful is not allowed.

Students riding their bicycles to school are reminded to always wear their helmet, and lock their bicycle in the stands provided on the north side of school. Please ensure that all these items are labeled. No bike riding, rollerblading or skateboarding is permitted on school grounds.



“Share the Mission” Award Call for Nominations!

Nominations are now welcome for Holy Spirit Catholic School Division’s “Share the Mission Award.” This prestigious award recognizes community members, parents, students, and school staff who have:

- Offered outstanding or long term service for the benefit of our students;
- Accepted demanding challenges and set new standards for the rest of us to follow;
- Contributed, through action and deed, to the Catholic atmosphere of our schools;
- Demonstrated involvement and leadership in community / parish organizations;
- Reflected the Mission Statement of the Holy Spirit School Division in all actions:

*We are a Catholic faith community, dedicated to providing
each student entrusted in our care with an education rooted in the
Good News of Jesus Christ*

*Guided by the Holy Spirit, in partnership with home, parish and society,
our schools foster the growth of responsible citizens who will
live, celebrate, and proclaim their faith.*

Our Catholic faith is the foundations of all that we do.

If you know of an individual or group deserving of the “Share the Mission Award,” please forward their name to Rhonda Kawa at kawarh@holyspirit.ab.ca by June 7, 2024.

Nomination information is accessible on the division’s website or by clicking on this link:

[Share the Mission Award Nomination Form](#)



SCHOOL COUNCIL UPDATE

Our next hot lunch will be on **May 23rd**. Details to follow.

Save the date: we will be having our final **Panago Pizza Fundraiser** for this year on **Tuesday May 14th**. Plan to order pizza that evening and help support OLA! 15% of all sales are donated back to the school to be used for school activities and events, field trips, hardship fund and classroom gifts.

Our next school council meeting will be held online on Wednesday **May 15th @ 7pm**. All are welcome



The Catholic Bishops
of Alberta and the
Northwest Territories

Les évêques catholiques
de l'Alberta et des
Territoires du Nord-Ouest

8421 - 101 Avenue, Edmonton, Alberta, Canada, T6A 0L1 | T 780.469.1010 F 780.465.3003

Catholic Education Week 2024

“Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.” (Joshua 1:9)

Dear Sisters and Brothers in Christ,

In this month of May, we celebrate Catholic Education Week in Alberta, the Yukon, and Northwest Territories. As the Catholic Education liaison on behalf of my brother Bishops, I want to offer a heartfelt thank-you to the educators and all who serve in our Catholic schools.

The theme for Catholic Education Week 2024, “Courage to Lead”, reminds us of the call and the responsibility to live and uphold the teachings of our Catholic faith, even amidst the challenges of the world around us.

The call to be courageous is deeply rooted in Scriptures. In the Book of Joshua, the Lord counsels us: “Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.” (*Joshua 1:9*)

In a time and place where conflicting ideologies are challenging the enduring truths of our faith, it takes tremendous courage to remain steadfast in our commitment to Christ's teachings.

This courage begins in the home, with parents entrusted by God with the vital responsibility of imparting the values and principles of our faith within the hearts and minds of their children. When parents make the courageous decision to entrust their children to the care of our Catholic schools, those schools become a supporting partner to parents in the education and spiritual formation of their children.

Catholic schools have the distinctive mission to integrate faith and reason, providing students with an education that not only challenges them academically but also nurtures faith formation. Within this educational environment, the teachings of the Catholic faith are permeated into the fabric of daily life.

Although we are blessed with a constitutionally protected, publicly funded Catholic school system, nevertheless we cannot take this for granted. It is our collective responsibility as Christian faithful to be courageous in ensuring that we are forming confident disciples of Jesus Christ and his teachings. It is incumbent upon the entire school community – administrators, teachers, staff, clergy, parents and parishioners – to honour this commitment.

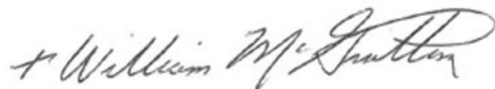
May God grant us the wisdom, courage, and strength to fulfill our sacred duty with courage and love, knowing that He walks alongside us every step of the way.

Yours in Christ,

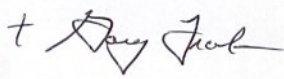
Catholic Bishops of Alberta and NWT



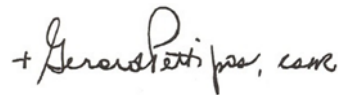
Most Reverend Richard W. Smith
Alberta Liaison Bishop for Catholic Education
Archbishop of Edmonton



Most Reverend William McGrattan
Bishop of Calgary



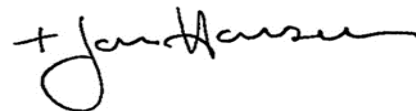
Most Reverend Gary Franken
Bishop of St. Paul



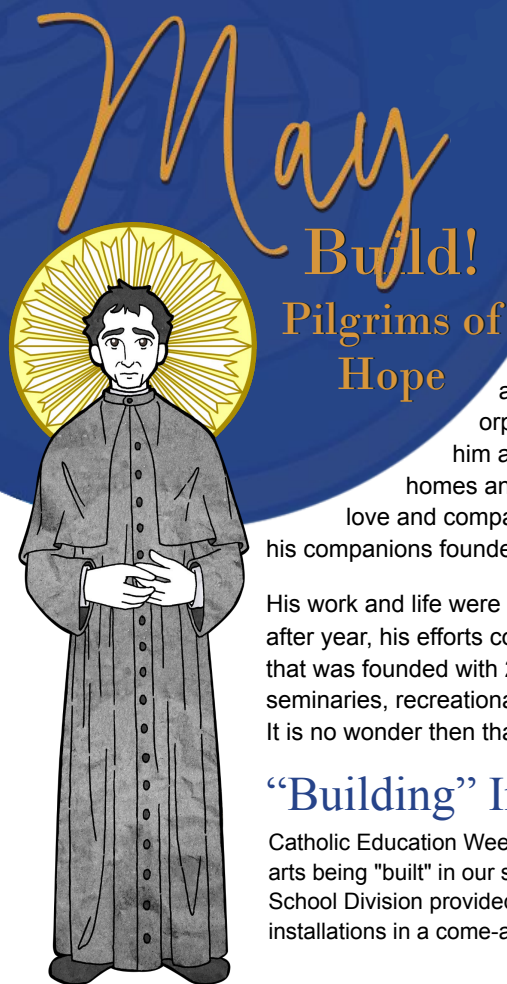
Archbishop Gerard Pettipas
Archbishop of Grouard-McLennan



Most Reverend David Motiuk
Bishop of the Ukrainian Eparchy of Edmonton



Most Reverend Jon Hansen, CSsR
Bishop of Mackenzie-Fort Smith



"The earth is the Lord's and all that is in it, the world, and those who live in it; for he has founded it on the seas, and established it on the rivers."

- Psalm 24:1-2

St. John Bosco 1815-1888 (Feast Day: January 31)

John Bosco, more commonly known as Don Bosco, was an Italian priest, educator and writer in the 1800s. He was born into a poor farming family, and his father died when he was two, leaving his mother to raise him and his brothers. During his youth, he was drawn to the church, and often found himself policing fights between his classmates. He left school at the age of 12, working as a shepherd and farm worker before entering the seminary at the age of 20. Once ordained a priest, he moved to Turin, a large city with slums, prisons, and many orphaned and abandoned youth. Instead of expecting these children, particularly boys, to come to him at the church, he went to them in the shops, marketplaces, and squares of the town. He found homes and shelters for them, helped them to find jobs or to become apprentices, and instructed them with love and compassion. This was in contrast to the typical methods of school discipline used at the time. He and his companions founded the Society of St. Francis de Sales in 1859 to support this work.

His work and life were hard in this time, and he faced much opposition—even assassination attempts! However, year after year, his efforts continued to bear fruit and to grow. At the time of his death in 1888, the original group of Salesians that was founded with 22 members had grown to over 1,000, and quickly expanded to include many types of schools, seminaries, recreational centres, and youth clubs. At the time of his death, over 130,000 children were being supported. It is no wonder then that Pope John Paul II gave him the title "Father, Teacher, and Friend of the Youth."

"Building" In Our Schools

Catholic Education Week is celebrated in May. This year, we will be highlighting the creativity and arts being "built" in our schools. Leading up to Catholic Education Week, Holy Spirit Catholic School Division provided a two evening experience of live performances and student work installations in a come-and-go-festival type setting at the new Lethbridge and District Exhibition.



Catholic Education Week — May 6-10, 2024 —

We take a short pause from our look at the Corporal Works of Mercy this month to celebrate Catholic Education in the province of Alberta.

Each year, Catholic Education week is held in May - this year, **May 6-10**. This year, we will be distributing short videos each day that highlight the various aspects of our schools, as well as information to our partners in Catholic Education. You will be invited to wear blue for Catholic Education on Thursday, **May 9**, as well as joining in common prayer throughout the week.



Courage to Lead



"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

JOSHUA 1:9



WEAR BLUE TO SUPPORT CATHOLIC EDUCATION

Pope's Prayer Intentions - For the Formation of Men and Women Religious, and Seminarians

Let us pray that men and women religious, and seminarians, grow in their own vocational journey through human, pastoral, spiritual and community formation, that leads them to be credible witnesses of the Gospel.

Catholic Social Teaching — Stewardship of Creation —

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of *Catholic Social Teaching* is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

We show our respect for the Creator by our stewardship of creation. Care for the earth is not just an Earth Day slogan, it is a requirement of our faith. We are called to protect people and the planet, living our faith in relationship with all of God's creation. This environmental challenge has fundamental moral and ethical dimensions that cannot be ignored.

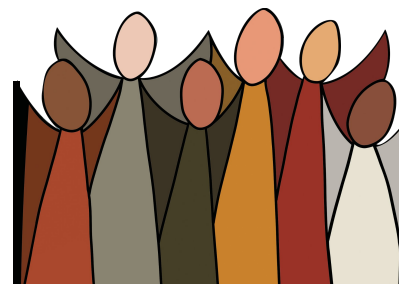
Pope Francis, in his recent encyclical *Laudato Si'* On Care for Our Common Home, stated:

"Once we start to think about the kind of world we are leaving to future generations, we look at things differently; we realize that the world is a gift which we have freely received and must share with others."

Pope Benedict, in *Caritas in Veritate*, wrote:

"The environment is God's gift to everyone, and in our use of it we have a responsibility towards the poor, towards future generations and towards humanity as a whole. . . . Our duties towards the environment are linked to our duties towards the human person, considered in himself and in relation to others. It would be wrong to uphold one set of duties while trampling on the other."

Learn more [here](#) (Care for God's Creation YouTube)



"Without confidence and love, there can be no true education. If you want to be loved... you must love yourselves, and make your children feel that you love them."

Gospel Readings

May 5, 2024

6th Sunday of Easter

Gospel Reading: John 15:9-17

"I no longer call you slaves....I have called you friends..." — John 15:15

Can you imagine God calling us a friend? Think about your best friend at school or work. What are some things you would do for him or her, even if you were tired, had a lot of other work to do, or had the opportunity of doing something with someone else? You would do whatever you could to make your friend happy, wouldn't you? Even very difficult things.

The more we come to know and love Jesus, the sooner we will consider HIM our best friend. He told us and showed us how much he loves us—he even died for us. Now it's our turn to show him how much we love him. Jesus told us how to do that. He said "Love one another."

What can you do to show Jesus that he is your best friend?



Prayer:

Jesus, help me to put you first in my life. Help me to remember that you are my best friend. Help me to love all people as you taught us.

May 9 or May 12, 2024

Ascension of Our Lord

Gospel Reading: Mark 16:15-20

"Go into all the whole world and proclaim the gospel to every creature." — Mark 16:15

Jesus' ascension into heaven was both an end and a beginning for his disciples. It was the end of the time when the disciples could see Jesus, touch him, and eat with him. It was also the beginning of Jesus' presence with them in a new way. As he ascended to heaven, Jesus promised to send his disciples the Holy Spirit who would bring them power to continue his mission on earth.

Their task was to proclaim the good news of salvation to all the nations. That's what "Gospel" means—good news. It's the good news that God loves us and forgives us. Like the disciples, it is our task to spread this Good News of God's love.

How can you spread the Good News to your friends and family?



Prayer:

Lord, thank you for loving and forgiving us! We want to know you and love you and serve you in this world and help to spread the good news of your love.

"By his great mercy he has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead..."

1 Peter 1:3b

Download this month's [Saint Prayer Card](#) - St. John Bosco
[Saint Prayer Card](#) (black and white version for colouring)



[Home Page](#)

Gospel Reading: John 17:11b-19

“As you did send me into the world, so I have sent them into the world.” — John 17:18

Do you know what your mission is in life? God sent Jesus to earth to show us how God loves us and to show us what it means to follow God, no matter what. Then Jesus passed on this mission to us!

How can we do this? Sometimes we need to take up our cross. When others are doing unkind and selfish things, we have to follow the loving, kind, and unselfish example of Jesus. It can be hard because people might make fun of us. But God will give us the strength we need to live as his disciples. We are called, just like Jesus was called.

What crosses do you have to carry? Remember, you can ask Jesus for his help.



Prayer:
Lord, help me to show people your love, and always point people to you. Give me the strength I need when it is difficult.

Courage
to
Lead

Gospel Reading: John 20:19-23

“Jesus came and stood in their midst and said to them, “Peace be with you.” — John 20:19

Have you ever been absolutely terrified by something? Maybe you experienced a tornado or earthquake. Or maybe you had to give a talk in front of a huge group of people. In our Gospel today, the disciples were terrified beyond words. They were hiding for fear of being killed like Jesus was. They bolted the door shut and huddled together, worried they would be discovered at any moment. Imagine their great relief when, all of a sudden, Jesus was standing there in the room! They knew Jesus died on the cross, but here he was, alive and well! Jesus’ words to them—“Peace be with you”—are the same words he says to us. We have nothing to fear because Jesus is with us.

Pentecost is known as the birthday of the Church because the Holy Spirit gave the disciples the courage to go out and spread the Good News of God’s great love and forgiveness. How will you celebrate this special birthday?

Prayer:
Lord, help me to remember that even in the worst of situations, you are with me.

*“Peace I leave with you; my peace I give to you.
I do not give to you as the world gives.
Do not let your hearts be troubled,
and do not let them be afraid.”*
— John 14:27



Gospel Reading: Matthew 28:16-20

“Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit.” — Matthew 28:19

If you were baptized when you were a little baby, you won’t remember what happened, but your family remembers. Ask them and they’ll tell you that the priest or deacon poured water over your head three times saying “In the name of the Father... and of the Son... and of the Holy Spirit.”

When we enter a church, we bless ourselves with holy water, using the same words. In the Gospel today, Jesus commands that this blessing be used to change us from ordinary human beings into his disciples who live like children of God. On this Holy Trinity Sunday, we remember how much God loves us, as Father, as Son, and as Holy Spirit.

Why do you think water is used in baptism? What does your family remember about the day you were baptized?

Prayer:
Thank you dear Father, loving Son, and divine Spirit! Please keep me close to you always, my God.

Sources:
[The Saints: Our Heavenly Friends](#)
[Saint John Bosco: Mission to Love](#)
[Story of Saint Don Bosco](#)





***CELEBRATE our GIFT of the EUCHARIST
come WALK the streets WITH JESUS as we Walk and PRAY for PEACE***

June 2, 2024 ~ Feast of Corpus Christi

“let us celebrate with particular devotion the Solemnity of Corpus Christi, with its traditional procession. Our faith in the God who took flesh in order to become our companion along the way needs to be everywhere proclaimed, especially in our streets and homes, as an expression of our grateful love and as an inexhaustible source of blessings”
Pope St. John Paul II 2005 Apostolic Letter Mane Nobiscum Domine

PARENTS AND STUDENTS OF HOLY SPIRIT SCHOOL DISTRICT

You and your families are invited to join us on this special day to walk in a procession as we bring the Holy Eucharist to the streets of Lethbridge.

This is a great way for the children and their families to profess their faith and belief in the Body, Blood, Soul and Divinity of our Lord, Jesus Christ. For many of us our memories of the special times in our church life are what helps keep our gift of faith during the times when we find it challenging. This is one of those occasions and this is our wish for you.

It is suggested that we wear white, or red (second choice) which represents the Body or the Blood of Christ. **School students are invited to wear any clothing that represents their CATHOLIC schools.** Younger children and Elementary school age children must be accompanied by a parent(s).

The procession is a reverent and respectful procession with joyful song and prayer as we process with the Monstrance we show our adoration for the Body of Christ in the Eucharist.

We leave from St. Basil's at 12 noon, after the 11:00 am Mass. The Eucharist is placed in the Monstrance, and then on the carrier. Those wishing to walk follow the procession moving south on 13th Street with a prayer stop at the corner of 2nd Avenue before continuing to CCH. You are invited to take turns carrying the carrier.

At Our Lady of Assumption procession begins with a prayer service at 11:45 am. Once the Monstrance is on the carrier we walk east to Mayor Magrath Drive, where we turn north. After a prayer stop at 8th Avenue we continue walking along Mayor Magrath to 6th Avenue, then we turn left and continue walking to 20th Street. We turn right at Ecole St. Mary's and continue until we reach CCH field.

You are invited to walk with us all the way (with the prayer stop it will take about 1 hour), or join us at one of the prayer stations. If you cannot walk join us at Catholic Central High School, East campus on the field.

At CCH we will have Benediction on the field, weather permitting. In bad weather we will gather in the cafeteria. This will be followed by a social lunch and a soccer game with Father Santiago (weather permitting).

There are three major processions in the life of the church, including Corpus Christi: the Sunday after Trinity Sunday when we remember the institution of the Eucharist at the Last Supper, Holy Thursday. A prominent aspect of this feast is the procession which is to follow the Mass...The procession should be seen as a public declaration of the parish community's faith.....Processions are a very important part of our Catholic identity. We are a pilgrim people on a journey, a journey of growth in faith and self-awareness. We are called to be followers of Jesus, to walk with Him.

For more information please go to the parish website – AllSaintsLethbridge.org



All Saints Parish



COMING ALIVE CAMP



This Year's Theme:
Weapons of Faith

August 12-16

Save the date! From 8:00am-12:30pm every day during this week, kids will have the amazing experience of a Catholic camp aimed to draw them closer to God!

Registration

Registration is \$25 per child, ask for family discount if registering 3 or more siblings. Register before July 4 and get a T-shirt. Pick Up Registration Packages at All Saints Parish Office



Join Us!

Come experience the Catholic Mass and learn about our Weapons of Faith, enjoy field games, crafts and lessons, snacks and fun with friends!



JAYS CARE FOUNDATION

CHALLENGER BASEBALL

This is a great opportunity for young individuals with cognitive and or physical disabilities to enjoy the full benefits of participating in a sport, such as baseball. The coaches help each player by providing a safe and enjoyable experience, and to assist players with all aspects of the game.



Empowering children with disabilities through physical activity



**Free
Registration!**

To Register:

www.lethbridgelittleleague.com/challenger

Or by email:

seto849@icloud.com

UNDER THE LIGHTS SPORTS & ENTERTAINMENT PRESENTS

BATTLE OF THE BADGES

TICKET ONLY **\$15**
OR 4 FOR \$50

SATURDAY **25**
MAY

CHARITY SOFTBALL GAME

LETHBRIDGE POLICE SERVICE **VS** LETHBRIDGE FIRE AND EMERGENCY SERVICES

SPITZ STADIUM
LETHBRIDGE, ALBERTA
GATES OPEN AT 5 P.M.
7:05 FIRST PITCH

PATIO TABLE OF 4 **\$100**

PROCEEDS BENEFIT POLICE AND FIRE CHARITIES

GO TO tickets.bullsbaseball.com
OR CALL (403)320-2025 FOR TICKETS



Run Jump Throw (RJT) is a national program developed by Athletics Canada that teaches fundamental movement skills and develops physical literacy. Our goal is to provide a physical activity program that serves as a strong foundation for all sports.

Build a foundation of success...just by having fun!

Come be part of the Junior Horns Run Jump Throw Track and Field Program! Learn the fundamentals that apply to all sports as well as track and field.

Who? Anyone aged 7-13

When? Mondays and Wednesdays 6:00- 7:00 pm Program runs from May 6th-June 12th

Location? University of Lethbridge Community Stadium

What to Wear? Attire to be active

Primary Contact: Parker Allen (parker.allen@uleth.ca)

Cost: \$265

Maximum 40 athletes accepted into the program

Run Jump Throw assists children ages 7-13 in learning to move efficiently so that they grow into adults who are active, productive and healthy citizens. Using track and field inspired games, activities and skill challenges led by instructors specifically trained to teach the fundamentals of running, jumping, throwing that apply to all sports as well as track and field.

SCAN HERE TO REGISTER!

